

Homestead Mobile PT & Wellness

Move with confidence.

Clear Pricing. Premium Care. No Insurance Hassles.

We do not answer to insurance companies, deductibles, or surprise bills. Each physical therapy or mobile wellness visit is a full, uninterrupted **60-minute session** with a licensed physical therapist or physical therapy assistant inside the comfort of your home.

Individual Evaluation & Consultation

Mobile Wellness Comprehensive In-Home Diagnostic & Safety Evaluation

For Mobile Wellness clients, the essential first step to identifying fall risks and building your roadmap to independence.

● **Includes:** Complete physical balance and strength testing, a comprehensive home hazard safety walk-through, and your personalized blueprint for aging-in-place.

● **Time:** 90 minutes

● **Investment:** \$200

Physical Therapy Evaluation

For symptomatic patients seeking treatment or referred for a specific medical diagnosis.

● **Includes:** Full physical therapy assessment including a thorough subjective review of injury/illness, a physical examination consisting of objective testing and measurements, a functional assessment, and establishment of a plan of care and home exercise program to help address pain and functional impairment

● **Time:** approximately 90 minutes

● **Investment:** \$200

*Superbill available upon request for out-of-network reimbursement

Single Session Rate

Mobile Wellness single session

- **Pay-As-You-Go Single 60-Minute Session: \$150 / visit** *(Available only after the initial evaluation has been completed)*

Physical Therapy single session

- **Pay-As-You-Go Single 60-Minute Session: \$150 / visit** *(Available only after the initial evaluation has been completed)*

**Superbill with CPT codes available on request for out-of-network reimbursement*

Premium Mobile Wellness Packages- For Mobile Wellness Clients only

Packages offer the highest level of accountability, continuity, and value for long-term safety.

Initial Evaluation visit included in price

1. The Confidence Builder (Evaluation + 6-Visit Package)

Best for: Seniors transitioning home from a short hospital stay, or those noticing a recent slip in balance who want to nip it in the bud.

- **Focus:** Core stability, basic home navigation, and immediate fall mitigation.
- **Frequency Recommendation:** 1–2 visits per week.
- **Investment: \$980** *(Saves \$120)*

2. The Independence Blueprint (Evaluation + 12-Visit Package)

Best for: Active aging, progressive strength building, and comprehensive real-world mobility retraining.

- **Focus:** Advanced dynamic balance, endurance training, getting out of deep chairs/cars, and complete safety on outdoor/uneven surfaces.
- **Frequency Recommendation:** 2 visits per week.
- **Investment: \$1,690** *(Saves \$310)*

3. The Elite Longevity Concierge (24-Visit Package)

Best for: Late stage Post-surgical recovery (e.g., total knee/hip replacement), chronic functional impairment management, or continuous maintenance to prevent age-related physical decline.

● **Focus:** Full rehabilitation, long-term conditioning, and ongoing lifestyle support.

● **Investment: \$3,000** (Saves \$800)

? Frequently Asked Questions

● **What is the difference between Physical Therapy and Mobile Wellness?** *Physical Therapy* is a medical service provided by licensed physical therapists and physical therapy assistants for symptomatic patients with a specific medical diagnosis. The PT or PTA uses their skills and knowledge to address underlying pain and functional impairments that are directly caused by that medical condition. It typically requires an initial referral and oversight from a qualified medical practitioner such as an MD, PA, or NP, and treatment is covered by most insurance plans. *Mobile Wellness* is recognized as a service performed by licensed Physical Therapists or Physical Therapy assistants for asymptomatic individuals with no acute or chronic injury or illness that is directly contributing to functional impairment. They use their skills and knowledge to promote fitness, general health, and prevent falls or injuries. It is not covered by insurance. Physical Therapy and Wellness programs provided by physical therapists are both subject to rules and regulations set by the Texas Board of Physical and Occupational Therapy Examiners.

● **Can I start Physical Therapy if I am a Mobile Wellness client?** Once you become symptomatic, meaning you develop a new injury or illness, or exacerbation of a previous injury or chronic medical condition, you may become eligible for Physical Therapy services. You will be referred to a medical provider for assessment and medical treatment which may include a new prescription for Physical Therapy. Since Physical Therapy is eligible for out-of-network reimbursement and is billed differently from Mobile Wellness, it will require a new evaluation. Clients with Mobile Wellness pre-paid packages will be eligible for a refund.

● **Do you accept Medicare or private insurance?** We are an out-of-network, cash-based provider. This allows us to provide undivided, 1-on-1 care without insurance companies dictating your progress or cutting your visits short. We accept cash, check, credit cards, and **HSA/FSA cards**. Mobile Wellness programs are not considered medically necessary services and are not covered by insurance or HAS/FSA plans.

● **Can you provide a superbill?** This applies to Physical Therapy Patients only. Upon request, we can provide a detailed medical receipt (superbill) that you can submit to your private insurance company for potential out-of-network reimbursement. *(Note: By federal law, this does not apply to traditional Medicare beneficiaries).*